

2016 PAGLA Directives
Regions: Central West, South, and Tri-County
Revised 2/23/2016

General Directives

- 1) Clubs must register and pay dues to PAGLA on the PAGLA website before the fall annual PAGLA meeting. (This does not mean register teams; it just means to register their club)
- 2) PAGLA games must take precedence over other games and tournaments including summer club team schedules.
- 3) PAGLA teams may not schedule with NON-PAGLA teams during the spring season.
- 4) The PAGLA League follows US Lacrosse youth rules unless otherwise noted. All Clubs must send their coaches the updated directives at the start of each spring season.
- 5) Players must play for the lacrosse club in their township/school district. If there isn't an established PAGLA program in that township/school district, they may play for a neighboring club. Club directors must notify the PAGLA President if a request has been made to have a player register for another lacrosse club other than their township/school district club. A decision about any girl wishing to play for a different club will be on a case by case basis.
- 6) The PAGLA League recognizes third/fourth, fifth/sixth, and seventh/eighth grade teams. There are no formal teams for kindergarten to second grade in PAGLA but we encourage you to scrimmage other programs with similar grades.
- 7) Players must be in the grade of the team they are playing for:
 - a) Third and Fourth graders play on the 3/4 teams. Second graders are not permitted to play up on the 3/4 teams. 3/4 teams are not leveled.
 - b) Fifth and Sixth graders play on the 5/6 teams. Fourth graders may not play up on the 5/6 grade teams. Fifth graders may not play down to the 3/4 level. 5/6 levels are A, B and C.
 - c) Seventh and Eighth graders play on the 7/8 teams. Sixth graders may not play up to 7/8 and 7th graders cannot play down to the 5/6 level. If a club is not able to field enough players for a 7/8 B team, 6th graders are permitted to be placed on the 7/8 B roster. However, the 7/8 B team must not contain a large number of 6th graders. NO 6th graders on a 7/8A.
- 8) You cannot MOVE levels (A-B, B-A) up or down once the season has started.
- 9) If the colors are the same for both teams, the home team must either reverse their jerseys when possible or wear scrimmage vests for the entire game.

10)US Lacrosse Mandate: Officials are not to start a game unless there is a NOCSAE certified ball. If a ball comes into play and officials see that it doesn't have the NOCSAE certified stamp on the ball then they are to toss it out of play and wait until we get a new one. Please keep in mind that this rule is mandated by US Lacrosse and we are to follow all of their rules. US Lacrosse actually told the officials that is there are no certified balls at the field then the game cannot take place, so please have the certified balls at the fields.

Referees

- 1) The Referee Director coordinates scheduling for all referees, for all games, scrimmages and regular season.
- 2) The schedule will be confirmed prior to the start of the season.
- 3) Arbiter will be utilized to schedule the officials. PAGLA will collect an Arbiter fee from each club.
- 4) Club Directors are expected to check Arbiter prior to each game and inform their coaches of the officials assigned.
- 5) Club Directors are not permitted to schedule referees on their own.
- 6) In the case of cancelling a game due to weather, the Club Director must check arbiter before cancelling a game so they can write down the contact information for those officials. Once the referee director is called and the game is cancelled in arbiter that information will not be available. It is the home club directors' responsibility to call the officials to cancel.
- 7) All PAGLA Adult and Junior Officials must have the correct training as stipulated by US LACROSSE.
- 8) Coaches, parents, directors...may NOT yell at refs. If you have a problem with a lacrosse official the coaches should tell their director and the director will call the referee director. Referees will be encouraged to give cards to spectators and coaches.
- 9) At halftime you may address any concerns with the referee politely.
- 10)Coaches are not permitted to contact the referee director; **only** the club director may do so.

Game Scheduling

- 1) Each region will have a designated scheduler that will create the game schedule for the season.
- 2) Creating the game schedules is a very difficult and time-consuming process. There are many parameters that go into creating the entire schedule based on all of the various field availabilities, the number of games each season, referee assignments, and age groups.
- 3) PAGLA games MUST be the priority. Do not overschedule your teams with extra games. You may not schedule any games with a club that is in PA and is not a member of PAGLA.
- 4) The home directors/coaches **must** contact the opposing directors, coaches and referees the week prior to each game in order to confirm attendance, time, and place. Please check arbiter to find your referees and send the information to your coaches a week before the games.
- 5) **Arbiter-** checking and getting in touch with referees:
 - a) Check **your officials and email them a reminder** for your home games. Sometimes adult and junior officials need to be reminded of where the game/field is located:
 1. Please go to www.arbitersports.com
 2. Sign in with your club's log in
 3. Click on the number under the '**games**' column and this will bring you to a list of all of your games.
 4. If you look at the '**slots**' column you will see 0/2 if there are no refs who picked up the game, 1/2 if one ref...etc.
 5. Click on the 0/2, 1/2, 2/2...This will show you the names of the refs- you can click on their name to get in touch and see their info.
- 6) Check your team's officials each week and write down/print the info- you will need this to call the officials assigned to your games in the event you have to cancel due to weather the morning of game.

Game Re-Scheduling

- 1) Weather is the ONLY reason a game can be rescheduled or cancelled. If the field condition is un-playable and not safe, a game can be re-scheduled.
- 2) If there is a light rain games can be played. The only reasons to cancel are thunder/lightening, standing water (puddles) on the field, or your township/school district closes the fields.
- 3) The home field team must make the decision to play or not play a game due to weather and field conditions **before 8:00am**.
- 4) Steps to cancel/reschedule your game:
 1. Get your officials information from arbiter. You may not just email or leave a message and assume they got the message.
 2. Home field director/club should call officials for the field and let them know the game(s) is cancelled. If the officials show up to the field because the home club did not cancel them, the home club will have to pay them.
 3. The director/coach needs to also contact the referee director to cancel the game(s) in Arbiter.
 4. The director/coach needs to contact the opposing team(s) to cancel.
 5. If coaches/directors decide to reschedule for different day/time they must work out the new date and time based on field and player availability.
 6. If the coach is making the decision on rescheduling they need to inform their Club Director and the Club Director will communicate to the Referee Director the new date and time for the game. Officials will be assigned to the new game date.
 7. Club Directors will also inform their schedulers so that the game can be rescheduled in League Athletics.

Third and Fourth Grade

- 1) **Follow Official US Lacrosse Rules for Girls U11 Youth Lacrosse.**
 - a) **See Pages 74-82 in the US Lacrosse Rule Book.**
- 2) Players must be divided into teams of equal ability. (No levels for this age group.)
- 3) Home teams must provide a reliable clock manager to keep time.
 - a) **Central West:** Round Robins will be played consisting of 20-minute running clock games for 1 1/2 hours.
 - b) **South and Tri-County:** Games will consist of 2 - 20 minute halves with a running clock.
- 4) Seven players per team on the field using a smaller/modified field.
- 5) Players must be given equal playing time.
- 6) Offsides: The 50-yard/center line is to be used as a restraining line to keep 2 players from each team back.
- 7) Spectators should not be permitted on the same side of field as the teams.
- 8) NO follow through into the crease allowed. And no deputy.
- 9) 3-second closely guarded/marked with good defensive positioning rule applies. The officials shall count the 3 seconds out loud in order for the players and coaches to hear the count.
- 10) Rolling substitution will occur with the substitutions entering and exiting the field 5 yards on either side of the center line. The sub going onto the field must wait to go on until the player leaves the field.
- 11) **Two** attempted passes must be made the length of the field; it does not matter if these passes happen in the offensive or defensive end of the field. The officials will keep track of the **two** passes/possessions.
- 12) Mercy Rule is in place when a team that is down by 4 or more goals and has the option of taking possession without a draw after a goal. Conversely, the team that is down has the option to continue the draw if so desired. This is played as an INDIRECT free position.

- 13) No shot on goal may be intentionally rolled under the shot blocker.
- 14) The crease or goal circle **must** be marked with cones or lines.
- 15) Goalies are encouraged. If you chose not to have a goalie:
 - a) **South and Tri-County:** Your team must provide a Rage Cage shooting net in place of a goalie. Cages may not be turned to have a smaller shooting area. If you do not have a goalie or a shooting net, you must play with an open goal.
 - b) **Central West:** Home Field will provide the Rage Cage Shooting Nets (see picture) for all the visiting teams not using a goalie.



Fifth and Sixth Grade

- 1) **Follow Official US Lacrosse Rules for Girls U13 Youth Lacrosse.**
 - a) **See Pages 74-82 in the US Lacrosse Rule Book.**
- 2) 5/6 may have a 5/6A and a 5/6B team based on player's ability. If there are two B teams they must be divided equally by ability.
- 3) Full field play with 12 players per team on the field. Must play with a goalie.
- 4) The winner of the coin toss at the beginning of the game shall have choice of ends or having initial alternate possession that occurs in the game. Alternate possession will take the place of a "toss" when offsetting minor/major fouls occur.
- 5) NO follow through into the crease allowed.
- 6) 5/6 A & B will utilize modified checking. Modified Checking is defined as checking the lacrosse stick only if:
 - a) the entire crosse is below the shoulder level, and
 - b) the check is in a downward direction and away from the body.
- 7) Players must be given equal playing time.
- 8) Games consist of 2-25 minute running clock halves, no stopping in the last 2 minutes. Each team may have a total of two time outs which can be used after a goal is scored or any time the requestor's team is in clear possession of the ball.
- 9) Home teams must provide a reliable clock manager to keep time.
Home team must provide a scoreboard. The scoreboard must be visible. A record of "alternate possession" will also be kept at the score table.
 - a) Although the scores are not reported this is to determine if there is a 4-goal differential/Mercy Rule (see below).
 - b) If a team is 5 goals ahead of the opposing team the leading team is encouraged to use their non-dominant hand, use a passing rule, play other positions, etc.

- 10) Spectators are not allowed on the same side of the field as the teams.
- 11) Substitutes must enter the field and exit the field 5 yards on either side of the center line. The sub going into the field must wait to go on until the player leaves the field.
- 12) 3-second closely guarded/marked with good defensive positioning rule applies. The officials shall count the 3 seconds out loud in order for the players and coaches to hear the count.
- 13) Girls may not hold stick horizontally and make contact with opposing player. Encourage girls to hold stick vertically when playing defense.
- 14) Mercy Rule is in place when a team that is down by 4 or more goals and has the option of taking possession without a draw after a goal. Conversely, the team that is down has the option to continue the draw if so desired. This is played as an INDIRECT free position.

Seventh and Eighth Grade

- **Follow Official US Lacrosse Rules for Girls U15 Youth Lacrosse.**
 - **See Pages 74-82 in the US Lacrosse Rule Book.**
- 2) 7/8 will have a 7/8A and a 7/8B team based on player's ability. If there are two B teams they must be divided equally by ability.
- 3) 7/8th grade A teams are to be comprised of the strongest, most experienced players that are:
 - a) Highly Competitive Players
 - b) PAGLA Lacrosse must be the priority sport for the player during lacrosse season.
 - c) Girls must be able to commit to the practices and games
 - d) Most girls are able to play with both their dominant and non-dominant hands.
- 4) Full field play with 12 players per team on the field. Must play with a goalie.
- 5) The winner of the coin toss at the beginning of the game shall have choice of ends or having initial alternate possession that occurs in the game. Alternate possession will take the place of a "toss" when offsetting minor/major fouls occur.
- 6) All 7/8 levels will utilize modified checking. Modified Checking is defined as checking the lacrosse stick only if:
 - a) the entire crosse is below the shoulder level, and
 - b) the check is in a downward direction and away from the body.
- 7) NO follow through into the crease allowed.
- 8) All players must be given equal playing time.
- 9) Games consist of 2-25 minute running clock halves, no stopping in the last 2 minutes. Each team may have a total of two time outs which can be used after a goal is scored or any time the requestor's team is in clear possession of the ball.

- 10) Home teams must provide a reliable clock manager to keep time.
Home team must provide a visible scoreboard. **A record of "alternate possession" will also be kept at the score table.**

- 11) Spectators are not allowed on the same side of the field as the teams.
Each team MUST be in charge of their own spectators so if a spectator becomes unruly they will have to remind the spectator of the rules and they will help remove this spectator from the field if necessary.

- 12) Substitutes must enter the field and exit the field 5 yards on either side of the center line. The sub going onto the field must wait to go on until the player leaves the field.

- 13) 3-second closely guarded/marked with good defensive positioning rule applies.

- 14) Girls may not hold stick horizontally and make contact with opposing player. Encourage girls to hold stick vertically when playing defense.

- 15) No "Mercy Rule" for this age group. There is a draw after every goal regardless of the goal differential. If a team is 4 or more goals ahead of the opposing team the leading team is encouraged to use their non-dominant hand, use a passing rule, play other positions, etc.

2016 Officials Fees for Youth Lacrosse

- **7th/8th Grade**
- 2 x 25min Halves
 - Must have at least one Adult Official
 - We encourage you to have one Adult and one Junior Official
 - One Adult by themselves (\$60)
 - One Adult (\$40) and one Junior (\$30)
 - Two Adults (\$40 each)
- **5th/6th Grade**
- 2 x 25min Halves
 - We encourage a minimum of two Junior Officials
 - One Adult by themselves (\$60)
 - One Adult (\$40) and one Junior (\$30)
 - Two Juniors (\$30 each)
 - Two Adults (\$40 each)
- **3rd/4th Grade**
- 2 x 20min Halves
 - We encourage two Junior Officials per game
 - One Adult by themselves (\$40)
 - Two Juniors (\$30 each)